

Essential Packing List

Paper & Documentation

- Passport
- Travel Insurance
- Visas
- Flight Itineraries
- Accommodation itineraries
- Vaccination record (Yellow fever)
- Photocopy of passport, credit cards, insurance, vaccinations etc (everything)
- Passport photos for visas
- Drivers Licence/ID card
- ISIC card (Discount card for students)
- Money
 - Credit card(s)
 - Cash

Clothing

- Undies & Bras
- Socks
- Swimmers (bikini/board shorts)
- Singlets
- T-shirts
- Long sleeve tees and shirts
- Jumpers
- Jackets
- Dresses
- Skirts
- Shorts
- Jeans
- Beach pants (light weight long pants)
- Tights or leggings
- Track pants
- Hat
- Beanie/Gloves/Thermals
- Sarong (doubles as a towel)
- Rain/wind proof jacket

Shoes

- Thongs/Sandals
- Runners (comfy to walk in)
- Vans/Converse

Electronics

- iPhone
- Camera
 - Extra memory cards
 - Associated cords
- Laptop
- iPad
- iPod
- Chargers for all the above
- Headphones

First Aid

- Drugs
 - Paracetamol
 - Ibuprofen
 - Diarrhoea medication (Gastrostop)
 - Antibiotics (GP can prescribe)
 - Motion sickness tablets
- Paw paw ointment/Vaseline
- Water purifying tablets
- Mosquito repellent
- Suncream (30+ at least)
- Zinc
- After sun gel

Toiletries

- Soap
- Shampoo/Conditioner
- Deodorant
- Razor
- Toothbrush
- Toothpaste
- Moisturiser
- Wet wipes
- Toilet paper
- Cosmetics
- Tampons
- Hairbrush/Comb
- Condoms
- Birth control pill

Everything Else

- Padlocks
- Torch
- Mosquito Net
- Sleeping bag liner
- String (perfect clothes line)
- Ear plugs
- Notebook and pens
- Travel journal
- Local sim cards
- Zip lock bags
- Swiss army knife
- Power adaptor(s)
- Power board (charge 6 things at once!)
- Maps
- Sunglasses
- Reading glasses
- Scuba Diving licence (and dive book)
- Guidebook
- Language book (A phrasebook at least)